Wellness Ambassador Program

Would you like to create a culture of health and wellness at UC San Diego Health?

Be a liaison between the UCSD Health Employee Wellness Coordinator and colleagues to communicate information about program opportunities.

Be the voice of encouragement and provide feedback about the program to the UCSD Health Employee Wellness Coordinator.

Time commitment: 1-2 hours per month

Bi-annual meetings for feedback and generating ideas will be scheduled. Register today!

Questions?
Contact Brenna Joyce, Wellness Program Coordinator at bjoyce@ucsd.edu or visit ucsdhswellness.blogspot.com